

# [Health-calc.com/body-composition/waist-to-height-ratio](https://health-calc.com/body-composition/waist-to-height-ratio)

it regulates the synthesis of retinoic acid in the hair follicle

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it is helpful if you can give us your travel itinerary when you book an appointment.

[health-calc.com/diet/energy-expenditure-advanced](https://health-calc.com/diet/energy-expenditure-advanced)

since our bodies naturally produce adrenaline when there is a lack of glucose available for our brains, this effect is directly related to our diet

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